



## Chopped Torero Grill Final

### Basket Options!

Don't forget to review the instructions to fully understand your team's job during finals. You WILL have a limited amount of time to prepare and cook ONE dish. The dish MUST be presented as described in the instructions.

Carefully examine each column. Your dish MUST contain the indicated numbers of item(s) from each column. **Your group MUST prepare and submit your list to your instructor no later than April 30** for final approval. IF you would like additional items you may submit a single request to be considered (cost and other issues will be included in the final decision). Depending on the rest of the groups, you may be asked to adjust your selections. Remember your grade will depend on describing the science (at the molecular level) of the selections, the reactions if any on cooking and flavor of the final product as well as creativity of your dish.

| <b>Meat pick 0-2 items</b>  | <b>Aqueous pick up to 3 items</b>   | <b>Veggies/Misc Select up to two items</b>  | <b>Flavorants/Spices/Herbs Select up to five items</b>   | <b>Thickening Agent up to two. AP flour does not count as a choice</b>   | <b>Carbohydrate Select up to two items</b>   |
|---|---|---|--|--|--|
| <ul style="list-style-type: none"> <li>• Bacon</li> <li>• Chicken Breast</li> <li>• Tilapia</li> <li>• Strip Steak</li> </ul> | <ul style="list-style-type: none"> <li>• Vanilla Ice Cream</li> <li>• Milk</li> <li>• Whipping Cream</li> <li>• Apple Juice</li> <li>• Buttermilk</li> <li>• Pickle Juice</li> <li>• Cheddar Cheese (not a liquid...)</li> <li>• Cooking wine</li> <li>• Lemon Juice</li> <li>• Lime Juice</li> </ul> <p>Unlimited use of water</p> | <ul style="list-style-type: none"> <li>• Bell Pepper</li> <li>• Asparagus</li> <li>• Cilantro</li> <li>• Avocado</li> <li>• Zucchini</li> <li>• Mango</li> <li>• Lemon</li> <li>• Lime</li> <li>• Pineapple</li> <li>• Collard Greens</li> <li>• Chard</li> <li>• Coffee Beans</li> <li>• Cabbage</li> <li>• Grapefruit</li> <li>• Spinach</li> <li>• Cucumber</li> <li>• Grape Leaves</li> </ul> | <ul style="list-style-type: none"> <li>• Turmeric</li> <li>• Saffron</li> <li>• Dried Carolina Reaper</li> <li>• Fresh Jalapeno or Habanero</li> <li>• Lemon</li> <li>• Curry</li> <li>• Lime</li> <li>• Vinegar</li> <li>• Vanilla</li> <li>• Onion</li> <li>• Garlic</li> <li>• BBQ Sauce</li> <li>• Paprika</li> </ul> <p>Unlimited use of salt, pepper and sugar</p> | <ul style="list-style-type: none"> <li>• Regular flour</li> <li>• Xanthan gum</li> <li>• Locust Bean Gum</li> <li>• Agar</li> <li>• Corn Starch</li> <li>• Rice Flour</li> <li>• Semonila flour</li> </ul> | <ul style="list-style-type: none"> <li>• Rice</li> <li>• Egg noodles</li> <li>• Potatoes</li> <li>• Popcorn</li> <li>• Bread (white or whole wheat)</li> <li>• Cheerios Plain</li> <li>• Lucky Charms</li> <li>• Vermicelli</li> <li>• Jumbo Pasta Shells</li> </ul> |